

St John's Green School - Dinner Menu KS2 (Year 3 & 4)

Please see below the new dinner menu which will run for the next three weeks. Please return the menu to the school office as soon as possible. The cost of each school dinner is £2.70. The cost per week for school dinners is £13.50. Dinner money should be paid in advance via School Comms. Please ensure that menus are NAMED and returned promptly to the school office to enable your child to get their exact meal choice.

Name _____

Class _____

Week Commencing 5th Oct - 9th Oct	MEAT FREE MONDAY Cheese & Tomato Pizza Sweetcorn Baked Beans Fresh Fruit Platter	Spaghetti Bolognaise Mixed Vegetables Carrots Flapjack or Fresh Fruit	Hot Dog in a Roll Jacket Wedges Baked Beans Peas Fresh Fruit Platter	Chicken Nuggets In a Tortilla Wrap Fresh Salad & Garlic Mayo Cookie or Fresh Fruit	Fish Fingers Chips Peas Baked Beans Iced Chocolate Cake or Fresh Fruit
		Veggie Bolognaise	Vegan Sausage in a Roll	Falafel in a Tortilla Wrap	Vegan Sausage Roll
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 12th Oct - 16th Oct	MEAT FREE MONDAY Macaroni Cheese Garlic Bread Slice Salad Fresh Fruit Platter	Mild Chicken Curry Fluffy Rice Peas Chocolate Chip Cookie or Fruit	Flatbread served with Pulled Pork Kachumber Salad Fresh Fruit Platter	Pepperoni Pizza Sweetcorn Baked Beans Frozen Yoghurt Pot or Fruit	Chicken Nuggets Chips Baked Beans Peas Iced Sprinkle Cake or Fresh Fruit
	Tomato Pasta	Quorn Keema & Rice	Turkish Quorn Flatbread	Cheese & Tomato Pizza	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 19th Oct - 23th Oct	MEAT FREE MONDAY Quorn Ramen Noodles Corn on the Cob Fresh Fruit Platter	Chicken Nuggets Savoury Rice Peas Flapjack or Fruit	Sausage Roll Mashed Potatoes Gravy Mixed Vegetables Fresh Fruit Platter	Meatballs Spaghetti Green Beans Ginger Biscuit or Fresh Fruit	Fish Fingers Chips Baked Beans Peas Iced Chocolate Cake or Fresh Fruit
	Tomato & Cheese Pasta	Falafel	Vegan Sausage Roll	Vegan Meatballs & Spaghetti	Veg Nuggets
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans

Fresh Fruit, Yoghurt, and Water available daily.

PTO



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Name _____

Class _____

Week Commencing 2nd Nov - 6th Nov	<u>MEAT FREE MONDAY</u>	Crispy Chicken Strips	Roast Chicken & Gravy	Spaghetti Bolognaise	Fish Fingers
	Cheese & Sweet Potato	 Savoury Rice	Roasted Potatoes	Mixed Vegetables	 Chips
	Enchilladas	Peas	Carrots		Baked Beans
	Sweetcorn		Cabbage		Peas
9th Nov - 13th Nov	Fresh Fruit Platter	Choc Brownie & Cream or Fruit	Fresh Fruit Platter	Frozen Fruit Smoothie or Fruit	Lemon Cake or Fresh Fruit
	Tomato Pasta	Veggie Nuggets	Quorn Fillet & Gravy	Veggie Bolognaise	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
Week Commencing 16th Nov - 20th Nov	<u>MEAT FREE MONDAY</u>	Pepperoni Pizza	Sausage Roll	Oriental Beef	Chicken Burger
	Tomato Pasta & Cheese Option	 Baked Beans	Mashed Potatoes	Rice	 Chips
	Green Beans	Sweetcorn	Gravy	Carrots	Baked Beans
	Fresh Fruit Platter or Yoghurt	Flapjack or Fruit	Mixed Vegetables	Broccoli	Peas
			Fresh Fruit Platter	Iced Sponge & Custard or Fruit	Chocolate Cake or Fresh Fruit
	Fusilli with Tomato & Basil Sauce	Cheese & Tomato Pizza	Vegan Sausage Roll	Hunters Style Quorn Fillet	Veg Burger
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans
	<u>MEAT FREE MONDAY</u>	Beef Lasagne	Beef Burger Optional Cheese	Chicken Nuggets	Fish Fingers
	Cheese & Tomato Pizza	Carrots	 In a Bun	 In a Wrap	 Chips
	 Sweetcorn	Green Beans	Jacket Wedges	Fresh Salad	Baked beans
	Baked Beans		Fresh Salad		Peas
	Fresh Fruit Platter	Cookie or Fresh Fruit	Fresh Fruit Platter	Flapjack or Fresh Fruit	Iced Sprinkle Cake or Fruit
		Veggie Lasagne	Veggie Burger in a Bun	Falafel in a Tortilla	Quorn Dippers
	Ploughmans	Ploughmans	Ploughmans	Ploughmans	Ploughmans
	Jacket Potato with Cheese/Beans	Jacket Potato & Filling	Jacket Potato with Cheese/Beans	Jacket Potato With Cheese & Beans	Jacket Potato with Cheese/Beans

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